



## Build RELATIONSHIPS



# Share Your STORIES

### Experience Life at Heritage Woods

Living in the community at Heritage Woods means having access to a variety of amenities and services that support a fulfilling, engaged life. Residents of Heritage Woods can take advantage of the outdoors by enjoying their favorite hobbies – whether it’s bird watching, gardening or star gazing. The indoor activities are equally enriching. Participate in the many classes and activities offered throughout the day or share your passion with new friends. The energy and enthusiasm of the residents and associates is contagious. Life is vibrant and as busy or carefree as you would like; the choice is yours.

In addition to all of this, the choice is yours. In addition to all of this, you’ll enjoy the personal attention and service provided by our compassionate team of associates, allowing you the opportunity to relax and enjoy every aspect of life. If your needs change over time, you will have the opportunity to choose additional levels of service to assist you with the activities and routines of daily living.



## Live Your LIFE

### The Wellness Edge®

The Wellness Edge is a new approach to Assisted Living care that emphasizes promoting good health as a preventative measure against illness and infirmity, and also the concept of wellness: ensuring dietary and physical health.

At Heritage Woods the Wellness Edge differs from traditional assisted care that tends to treat senior care in terms of activities of daily living only related to medical conditions and disease.

Wellness at Heritage Woods highlights the following:

- Eat Well • Sleep Well • Move Well
- Play Well • Feel Well • Engage Well
- Indulge Well • Rejuvenate Well
- Connect Well

### Assisted Living Option

Experience the finer things in life with Assisted Living services at Heritage Woods. Stay active, eat, laugh, and live, while knowing that someone is always nearby to lend a helping hand, 24 hours a day.

Our passion is to create an environment where your well-being is at the center of everything we do. Heritage Woods offers a wide-range of services designed to meet your or your loved one’s unique needs. No one senior is alike so we provide lifestyle options that meet your individual needs.

It’s time to relax and unwind to the tranquility of this beautiful community and let us take care of the rest.





# HERITAGE WOODS



Live Your Life!

Surrounded by beautiful trees and flowers on a quiet stretch of road, Heritage Woods is a stylish and elegant community. Our warm and friendly community offers residents a variety of lifestyle options and flexible services. This includes the active lifestyle of residents; service-enriched living in our spacious Independent Living apartment homes and an array of care services within our Assisted Living apartments. In addition to all of this, you'll benefit from the attention and assistance provided by our supportive associates.



A NEW DAY  
AWAITS YOU AT  
HERITAGE WOODS

INDEPENDENT & ASSISTED LIVING



Our goal at Heritage Woods is to enhance each person's lifestyle. Come experience our community and you will immediately feel the difference. Engage, challenge yourself, give back, and build a legacy for future generations — this is our invitation to you.

# HERITAGE WOODS

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